



Last Review: Nov 2025 S Fisher

48 Hour Policy

All parents must adhere to the 48 Hour Sickness, Fever or Diarrhoea Policy

This is in accordance with the current guidance from the UK Health Security Agency. The incubation period for viral gastroenteritis is between 24- 48 hours. A person is infectious during the acute stage of the illness and up to 48 hours after the diarrhoea and or vomiting has stopped. Therefore, infected person should stay away from school until 48 hours after the diarrhoea and or vomiting has stopped.

Policy statement

Discoveries Montessori Nursery School promotes a healthy lifestyle and high standard of hygiene. We aim to provide care for healthy children through preventing cross infection of viruses and bacterial infections.

- For additional information, a list of public health exclusions and current exclusion times for individual types of infection is available on this [UK Health Security Agency web page](#)
- It is the parent's/carers responsibility to inform the school immediately a child develops a medical problem that could cause an infection such as, German measles, skin contamination or a head/hair abnormality.
- Parents/carers are required to discontinue their child's attendance until the child is free of both symptoms and cause.
- By alerting the nursery immediately it allows the staff to advise other parents/carers and to make careful observations of any child who feels unwell.
- Parents/carers are asked not to bring any child to nursery who has had a fever, vomiting or diarrhoea until at least **48 hours** has passed since the last attack or, the child's temperature has returned to normal.